# Rowerek

**0071015**

**METAL - FITNESS STANDARD**

## Material specification:

| | |
|---|---|
| **Construction Material** | galvanized steel coated with powder paint for durability and corrosion resistance or made of stainless steel |
| **Foundation** | buried in the ground to a specified depth and concreted with at least B-20 class concrete or bolted to a concrete base |
| **Boards** | HDPE sheets with milled drawings |
| **Other** | Śruby wykonane ze stali nierdzewnej. Podstopnice stalowe, ocynkowane, malowane proszkowo. Stopnice wykonane z blachy aluminiowej ryflowanej. Łożyska toczone kulkowe zwykłe. |

Due to continuous improvement of technical solutions by Freekids, the presented drawings, including colours and dimensions, may differ slightly from currently manufactured devices.

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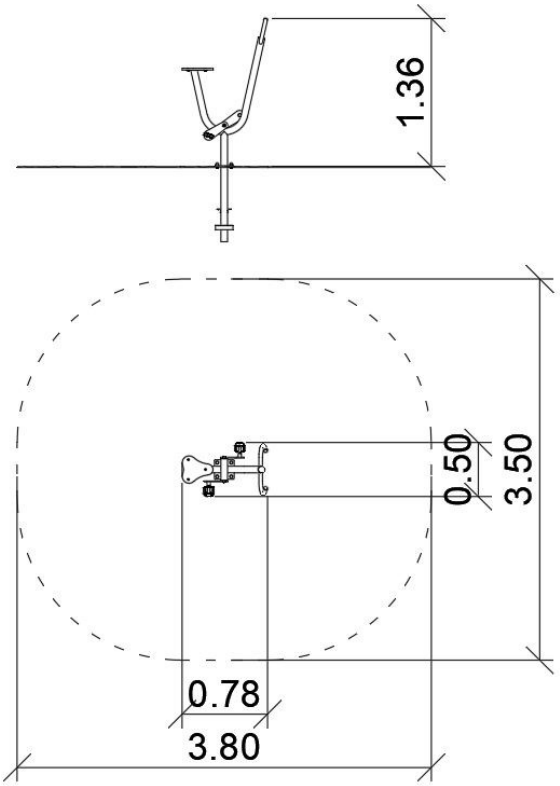


## DEVICE DATA:

| | |
|---|---|
| Device dimension | 0,78 x 0,50 x 1,36 m |
| Zone dimension | 3,80 x 3,50 |
| Fall height | 0,90 m |
| Safety zone area | 11,37 m2 |
| User age | 14+ |
| Number of users | 140 kg |
| Material | Metal |
| Low fall height | tak |
| Compliance with standards | PN-EN 16630 |

Rowerek
Funkcje urządzenia:
Klasyczny rowerek. Wzmacnia mięśnie nóg oraz poprawia krążenie. Spełnia funkcje rozgrzewki.
Sposób ćwiczenia:
Usiądź na siedzisku, złap rękoma za uchwyty, umieść stopy na pedałach. Pedałuj jak na rowerze.

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