



Description

Function:

The device strengthens the muscles of the chest, back and arms.

How to exercise:

Sit comfortably on the seat, rest your back. Grab the handles with both hands. Pull the handles forward. Return to starting position. Repeat the exercise.

* The device can be configured with a pylon or other fitness device.

Technical data

Dimensions (W x L x H)	0,79 x 1,15 x 1,9 m
Safety area dimensions	4,0 x 2,6 m
Safety area	9,6 m ²

Available options:

STEEL	galvanized and powder-coated steel elements
ANCHORS	device permanently founded in the ground, concrete foundations with minimum class: C-16/20
BEARING	standard ball bearings and / or tapered roller bearings
FASTENERS	galvanized and powder-coated steel elements
ADDITIONAL ELEMENTS	cap nuts, stainless steel, black plastic caps

* Due to the continuous improvement of technical solutions by FreeKids, the presented drawings may slightly differ from currently produced devices. Certificate of compliance with the PN-EN 16630: 2015 standard