



DESCRIPTION

FUNCTION:

It strengthens lower parts of the body, stimulates the hip joint and the ankle, increasing joint movement. It improves heart and lung performance and general condition, helps to burn fat.

HOW TO EXERCISE:

Grab the handles. Place your feet on the platforms. Alternately move your legs forward and backward.

TECHNICAL DATA

Dimensions (WxLxH):	1,99 x 0,48 x 1,13m
Safety area dimensions:	4,0 x 3,5 m
Safety area:	17,4 m ²

Available options:

STEEL	galvanized and powder-coated steel elements.
STEPS	Steps made of corrugated aluminum.
SEATS	HDPE sheets
FASTENERS	galvanized and powder-coated steel elements
ADDITIONAL ELEMENTS	cap nuts, stainless steel, black plastic caps
FOUNDATIONS	The device is permanently set up in the ground, anchored in concrete of class min. C16 / 20

* Due to the continuous improvement of technical solutions by FreeKids, presented drawings, including colors and dimensions may slightly differ from currently manufactured devices. Certificate of compliance with the PN-EN 1176: 2017