



TECHNICAL DATA

iFon Air Runner

FUNCTION:

It strengthens lower parts of the body, stimulates the hip joint and the ankle, increasing joint movement. It improves heart and lung performance and general condition, helps to burn fat.

HOW TO EXERCISE:

Grab the handles. Place your feet on the platforms. Alternately move your legs forward and backward

iFon Rider

Function:

The device improves general condition of your body, stamina and strength. It strengthens back, shoulders, legs, abdomen and chest.

How to exercise:

Sit comfortably on the seat. Place your feet on the platforms. Grab the handles. Straighten your legs and pull the handles to your body. Repeat the exercise.

Dimensions (W x L x H)
Safety area dimensions
Safety area

2,52 x 0,68 x 1,60 m
5,5 x 4,8 m
21,5 m²

Available options:

| | |
|---------------------|--|
| STEEL | galvanized and powder-coated steel elements |
| PLATE | HPL sheet |
| STEPS | galvanized and powder-coated steel elements, steps made of corrugated aluminum sheet. |
| FOUNDATIONS | device permanently founded in the ground, concrete foundations with minimum class: C-16/20 |
| BEARING | standard ball bearings and / or tapered roller bearings. |
| ADDITIONAL ELEMENTS | cap nuts, stainless steel, black plastic caps. |

* Due to the continuous improvement of technical solutions by FreeKids, the presented drawings may slightly differ from currently produced devices. Declaration of compliance with the PN-EN 16630: 2015 standard