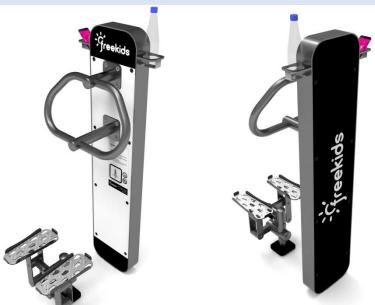
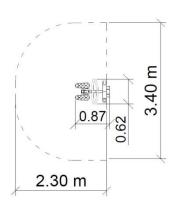
IFON STEPPER iFon Series FIF-ST





## **Description**

#### **Function:**

Strengthening the muscles of the legs and buttocks.

## How to exercise:

Hold the handles firmly. Stand on the platforms with your feet. Transfer body weight from leg to leg.knees on the outside of the lever. Perform thigh adduction and abduction movement.

\* The device can be configured with a pylon or other iFon device

#### **Technical data**

Dimensions (W x L x H)  $0,87 \times 0,62 \times 1,60 \text{ m}$ Safety area dimensions  $2,3 \times 3,4 \text{ m}$ Safety area  $6,9 \text{ m}^2$ 

# **Available options:**

STEEL	galvanized and powder-coated steel elements
ANCHORS	device permanently founded in the ground, concrete foundations with minimum class: C-16/20
BEARING	standard ball bearings and / or tapered roller bearings
FASTENERS	galvanized and powder-coated steel elements
ADDITIONAL ELEMENTS	cap nuts, stainless steel, black plastic caps

<sup>\*</sup> Due to the continuous improvement of technical solutions by FreeKids, the presented drawings may slightly differ from currently produced devices. Declaration of compliance with the PN-EN 16630: 2015 standard

