



## DESCRIPTION

### Function:

This device stimulates your lower limbs. It is designed to strengthen legs, buttocks and lower parts of your abdomen.

### How to exercise:

Sit comfortably on the seat. Lean your feet against the platforms. Straighten your legs to push away from the device and return to your starting position.

\* The device can be configured with a pylon or other fitness device.

## TECHNICAL DATA

Dimensions (W x L x H)	1,55 x 0,86 x 1,90 m
Safety area dimensions	3,1 x 3,9 m
Safety area	10,0 m <sup>2</sup>

## Available options:

STEEL	galvanized and powder-coated steel elements.
STEPS	galvanized and powder-coated steel elements, insets made from aluminium grooved
SEAT	galvanized and powder-coated steel elements..
FOUNDATIONS	The device is permanently founded in the ground, anchored in concrete class min. C16 / 20
BEARING	standard ball bearings and / or tapered roller bearings
FASTENERS	galvanized and powder-coated steel elements
ADDITIONAL ELEMENTS	cap nuts, stainless steel, black plastic caps

\* Due to the continuous improvement of technical solutions by FreeKids, the presented drawings may slightly differ from currently produced devices. Declaration of compliance with the PN-EN 16630: 2015 standard