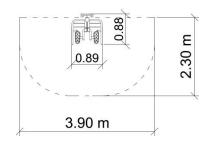
JUMPING JACK Series Fitness FIT-PJ





Description Technical data

Function:

The device improves the lower parts of the body. Activates the lap belt segment, strengthens the spine in the lumbosacral region. Improves motor coordination.

How to exercise:

Hold the handles firmly. Put your feet on the platform. Perform swinging movements left and right simultaneously.

* The device can be configured with a pylon or other fitness device.

Dimensions (W x L x H) $0,89 \times 0,88 \times 1,30 \text{ m}$ Safety area dimensions $3,9 \times 2,3 \text{ m}$ Safety area $7,8 \text{ m}^2$

Available options:

STEEL	Galvanized and powder-coated steel elements
ANCHORS	Device permanently founded in the ground, concrete foundations with minimum class: C-16/20
BEARING	Standard ball bearings and / or tapered roller bearings
FASTENERS	Galvanized and powder-coated steel elements
ADDITIONAL ELEMENTS	Cap nuts, stainless steel, black plastic caps

^{*} Due to the continuous improvement of technical solutions by FreeKids, the presented drawings may slightly differ from currently produced devices. Certificate of compliance with the PN-EN 16630: 2015 standard

