



TECHNICAL DATA

Function:

This device helps to stretch the body, supports muscles and joints. It can also be used as the warming-up device.

How to exercise:

Sit comfortably on the seat and lean your back. Grab the handles with both hands. Push the bars away, but smooth movement to strengthen your arms. Return to your starting position.

Dimensions (W x L x H)

0,84 x 0,64 x 0,94 m

Safety area dimensions

3,0 x 3,5 m

Safety area

8,6 m²

Available options:

STEEL	galvanized and powder-coated steel elements
PLATES	HDPE
FOUNDATIONS	device permanently founded in the ground, concrete foundations with minimum class: C-16/20
BEARING	standard ball bearings and / or tapered roller bearings
ADDITIONAL ELEMENTS	cap nuts, stainless steel, black plastic caps

* Due to constant development of technical solutions and designs made by FreeKids s.c. presented renders may vary from currently produced products. Certificate compliant with safety norms PN-EN 1176:2009 and PN-EN 1177:2017.