



DESCRIPTION

Function:

The device strengthens and builds chest, back and shoulders.

How to exercise:

Sit comfortably on the seat and lean your back. Grab the handles with both hands. Push the bars away from you with a strong, but smooth movement to strengthen your arms. Repeat the exercise.

TECHNICAL DATA

Dimensions (W x L x H)

Safety area dimensions

Safety area

0,86 x 0,62 x 1,70 m

2,3 x 3,4 m

8,8 m²

Available options:

STEEL	galvanized and powder-coated steel elements
SEATS	galvanized and powder-coated steel elements.
FOUNDATIONS	device permanently founded in the ground, concrete foundations with minimum class: B-15
BEARING	standard ball bearings and / or tapered roller bearings
FASTENERS	galvanized and powder-coated steel elements
ADDITIONAL ELEMENTS	bolts and screws protected with plastic and covers; round head nuts

* Due to the continuous improvement of technical solutions by FreeKids, the presented drawings may slightly differ from currently produced devices. Declaration of compliance with the PN-EN 16630: 2015 standard