



#### TECHNICAL DATA

**Function:**

The device improves general condition of your body, stamina and strength. It strengthens back, shoulders, legs, abdomen and chest.

**How to exercise:**

Sit comfortably on the seat. Place your feet on the platforms. Grab the handles. Straighten your legs and pull the handles to your body. Repeat the exercise.

Dimensions (W x L x H)

Safety area dimensions

Safety area

1,41 x 0,68 x 1,60 m

2,8 x 3,7 m

9,4 m<sup>2</sup>

**Available options:**

STEEL	galvanized and powder-coated steel elements.
SEAT	HDPE plates
FOUNDATIONS	device permanently founded in the ground, concrete foundations with minimum class: C-16/20
BEARING	standard ball bearings and / or tapered roller bearings
ADDITIONAL ELEMENTS	cap nuts, stainless steel, black plastic caps.

\* Due to the continuous improvement of technical solutions by FreeKids, the presented drawings may slightly differ from currently produced devices.  
Declaration of compliance with the PN-EN 16630: 2015 standard